

# SLOW ART DAY

## AT THE NBMAA

Suggested Art to View Slowly



**Martin Gallery**

**Robert S. Duncanson (1821 - 1872), Landscape, 1870,  
Oil on canvas, 30 x 50in**



**Shivery Gallery**

**Childe Hassam (1859 - 1935), Le Jour du Grand Prix, 1887,  
Oil on canvas, 37 x 49 1/4in**



**McKernan Gallery**

**Radcliffe Bailey (b. 1968), Transatlantic, 2003,  
Mixed media on wood, 80 x 102 x 2 1/2 in.**



**Hoffman Gallery**

**Jaune Quick-to-See Smith (b. 1940), I See Red: Ban  
Dancing, 1998, Mixed media on canvas, 50 x 60 x 1 in.**

“It’s not what you look at that matters, it’s what you see.”  
Henry David Thoreau

**STEP 1: ENGAGE YOUR SENSES.**

Stand in front of an artwork of your choice. Take a few deep breaths.

Ask yourself, “What do I notice? What do I recognize?” Can you identify the medium or the era?

Imagine stepping into the artwork and activating all of your senses to experience the environment around you.

Take your time!

**STEP 2: REFLECT.**

Reflect on your past knowledge and experiences.

Is anything about the image familiar?

What does this image remind you of?

What is going on in the scene?

Do you recognize any underlying meanings or motifs?

What do you see that makes you arrive at any conclusions or assumptions?

**STEP 3: Open Up.**

Separate the emotions that the image projects from the emotions that you experience.

What do you feel?

Can you identify your emotions?

Are there any discrepancies?

What is the image’s mood or tone?

How does it make you feel?

After taking note of your emotions, what actions do you think the artist took to create those feelings.

**STEP 4: QUESTION EVERYTHING.**

What questions arise as you view the image? Have these questions led to any thoughtful speculation on what deeper meaning the image holds?

What do you wonder now that you have spent some time with it?

What more do you want to know?

Check out more artwork for slow veiwing:  
<https://ink.nbmaa.org/collections>



**NEW BRITAIN  
MUSEUM OF  
AMERICAN ART**